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AtkinsonHR

PEOPLE MANAGEMENT TRAINING PROGRAMME

At Atkinson HR, we specialise in supporting charities and values-led organisations with tailored, strategic HR solutions.

Our **People Management Training Programme** is designed to provide practical tools to help managers and leaders strengthen your people and organisation, enabling you to build motivation, culture, performance and inclusion.

The Workshops

Having Great 1-to-1s

Thursday 21st August 2025, 11.00am-12.30pm

Fostering meaningful conversations in the workplace is one of the most valuable skills a manager can cultivate. This 90-minute session will give managers practical tools to structure meaningful conversations, build trust, and truly support development through your 1-to-1s.

Facilitating Effective Job Interviews

Tuesday 16th September 2025, 2.00pm-3.30pm

Conducting a job interview is a great way to learn more about a candidate's skills and experience, and determine if they'll be a good fit for the organisation and team culture. Understanding how to facilitate a good interview can help you feel more prepared when recruiting for a vacancy in your team.

Managing Change with Empathy and Clarity

Monday 13th October 2025, 2.00-3.30pm

Change is inevitable within any organisation. Whether it's a reorganisation, new leadership or some other significant change. This session will give you the tools for supporting your team during transitions – organisational or emotional.

Inclusive Leadership in Everyday Practice

Thursday 13th November 2025, 1.30pm-3.00pm

Inclusive leadership is a leadership style focused on making sure all voices are heard, respected, and included in everyday decisions. It goes beyond good intentions and is grounded in real behaviours and practices that help build fairness and trust across teams. Join this session to find out practical ways to be a more inclusive manager – from language to decision-making.

Setting SMART Objectives That Inspire

Wednesday 10th December 2025, 1.30pm-3.00pm

Objectives are essential for any organisation aiming to achieve its mission and vision. They translate broad strategic goals into specific targets that can be measured and managed. Without objectives, it becomes challenging for an organisation to measure progress or assess performance effectively. This session will help you craft clear, motivating, and values-aligned goals for individuals and your teams.

Creating Psychological Safety at Work

Wednesday 7th January 2026, 10.00am-11.30am

Psychological safety is the ability to express opinions without fear of negative consequences. Learn what it looks like, why it matters, and how to help your team feel safe to speak up, experiment, and learn from mistakes.

Managing Performance Supportively

Thursday 5th February 2026, 10.00am-11.30am

It is essential to recognise that both compassion and accountability are necessary for effective performance conversations. Performance conversations are a crucial tool for both employees and employers to assess progress, set goals, and provide feedback. This session will help you find the right balance between empathy and accountability.

Managing Hybrid and Remote Teams Effectively

Monday 2nd March 2026, 11.00am-12.30pm

The best-performing remote teams aren't run by people-management superheroes—they're run by managers who create consistency, make space for people to work well, and fix small problems before they become big ones. Keeping connection, communication and performance strong is often key. Whether you're managing a fully remote organisation or a hybrid team, this session will show you that managing remotely doesn't have to mean confusion and disconnection.

Giving Feedback with Care and Clarity

Wednesday 1st April 2026, 1.30pm-3.00pm

Giving feedback is an art that requires intention, tact, and empathy. In this session, you will learn to understand the impact of constructive feedback, individuals can build stronger relationships and foster a positive environment. Explore Radical Candor and SBI models.

Building Resilience and Preventing Burnout (For You and Your Team)

Thursday 7th May 2026, 11.30am-1.00pm

Recognising when your team is approaching burnout isn't just good leadership, it's essential for sustainable team success. It's a warning sign that something in your work environment needs attention. Learn how to recognise stress signals and creating a sustainable team culture during this session.

Coaching Skills for Everyday Leadership

Friday 5th June 2026, 10.00am-11.30am

Coaching skills is one of the key competencies that enable leaders to guide and develop others effectively. These skills don't come naturally to everyone—they require practice, intentionality, and self-awareness. This session will allow you to explore skills so you can ask better questions, listen well, and unlocking potential.

Conflict Management for Collaborative Teams

Monday 6th July 2026, 2.00pm-3.30pm

Understanding the type of conflict you're facing is the first step toward resolving it effectively. Learn how constructive conflict encourages active listening, open dialogue, and mindful expression, ensuring everyone feels heard without fear of judgment.

Effective Delegation Without Guilt

Thursday 6th August 2026, 10.00am-11.30am

Learning to delegate well is crucial for building a strong team, creating a positive work environment, and avoiding burnout. It means trusting your employees and believing in your ability to help others grow. Learn how to delegate in a way that empowers and builds confidence.

Create an inclusive workplace

Thursday 11th September 2026, 11.00am-12.30pm

This session will help you understand fundamental EDI concepts and terminology to build your capability and help create safe and inclusive workplaces.

Curating a Great Induction for New Starters

Wednesday 7th October 2026, 2.00pm-3.30pm

A great onboarding experience should be seamless, structured, and personalised, from before day 1 to their first months on the job. A successful onboarding starts before the new hire even steps into the office. Learn how to design an onboarding experience that helps new team members thrive and get up to speed quickly.

Booking

All sessions will be held remotely via Microsoft Teams and a link will be sent to you once your place has been confirmed.

Each session is 90-minutes and run by one of our People & Development Consultants.

Please complete [this form](#) if you wish to book your place. If you need to make a group booking, please email Anh at anh@atkinsonhrconsulting.co.uk and a separate booking form will be sent to you.

Pricing

Our **People Management Training Sessions** are offered free of charge to our **AHR Essentials, Core and Strategic Retainer Clients**.

Contact

To find out more information or if you have any questions, please contact Anh at anh@atkinsonhrconsulting.co.uk

Or at:

£75 per person +VAT